

ST. MARY OF THE VISITATION PARISH



16 Cooper Street,
Cambridge, Ontario N3C 2N2

519-658-4443

stmarycambridge@hamiltondiocese.com

www.stmaryhespeler.ca

Rev. David Reitzel, Pastor dreizel@hamiltondiocese.com

Rev. Mr. Jangho Hong, Deacon

Mrs. Catherine Quinto Garcia, Pastoral Minister

Mrs. Melana Nam, Administrative Assistant

Mrs. Ruth Ann Milne, Office Assistant

SCHEDULE OF LORD'S DAY MASSES

Saturday 5:00 p.m.

Sunday 9:00 a.m. and 11:00 a.m.

*Children's Liturgy runs during the 11:00 a.m.
Mass for children in Kindergarten to Grade 2*

WEEKDAY MASSES

Tuesday 7:00 p.m.

Wednesday 8:00 a.m.

Thursday 8:00 a.m.

Friday 8:00 a.m.

PRAYING THE ROSARY

Tuesday at 6:30 p.m. and

7:30 a.m. on Wednesday, Thursday and Friday.

All are welcome.

PARISH ADORATION CHAPEL

Our Chapel is available seven days a week starting
Sunday at 12 noon through Saturday at 5:00 p.m.

For more information please call Sheila at 519-
658-9414.

OUR PARISH SCHOOLS

Our Lady of Fatima School 519-658-4041

St. Elizabeth School 519-651-0400

St. Gabriel School 519-658-2008

St. Benedict Secondary School 519-621-4050

PARISH OFFICE HOURS

(Located in the lower level of the church)

Monday to Friday: 9:00 a.m. to 4:30 p.m.

NEW PARISHIONERS

Please register through our parish website or by
completing a form located at the parish entrances.

SACRAMENT OF RECONCILIATION

Tuesday – Friday 15 minutes prior to Mass

Saturday 4:00 p.m. to 4:45 p.m. or
by appointment.

SACRAMENT OF BAPTISM

Please contact the parish office to begin the process
of preparing your child and family for this
Sacrament.

SACRAMENT OF MARRIAGE

Please contact the parish office before setting a date
of marriage in order to begin preparations.

PASTORAL CARE TO SICK AND HOMEBOUND

Please contact the office and Father David would be
most willing to visit.

ST. VINCENT DE PAUL FOOD PANTRY

Please call 519-658-6511 for assistance.

NINETEENTH SUNDAY IN ORDINARY TIME

Date	Time	Mass Intentions	Requested by
Tuesday, August 11	NO MASS		
Wednesday, August 12	NO MASS		
Thursday, August 13	8:00 AM	+ All Souls	Alice Amasol
Friday, August 14	8:00 AM	Intentions of Erin Henderson	Mildred Scapinello
Saturday, August 15	5:00 PM	+ Marianne Sloane + Antonio Puim Monteiro & Family Intentions of Jakobina of Collingwood Intentions of Claudia and Javier Intentions of Luis Eduardo and Luis Eduardo Jr.	Diane Ryan Jose and Beatriz Monteiro Daniel Paolini Javier Cristancho Javier Cristancho
Sunday, August 16	9:00 AM 11:00 AM	For the people of St. Mary of the Visitation Parish For the people of St. Mary of the Visitation Parish	

Tuesday, August 18	7:00 PM	+ Antonio Puim Monteiro & Family + Al Pedro + Our Deceased Parents Intentions of Katharine Van Beek	Carmen and Tony Chaves The Pedro Family Murray and Rita Freiburger Lorraine Harding
Wednesday, August 19	8:00 AM	+ Emma Anievas	The Baria Family
Thursday, August 20	8:00 AM	In Thanksgiving	Carmen and Tony Chaves
Friday, August 21	8:00 AM	Intentions of Maria Plata	Angela Tellez-Lance
Saturday, August 22	5:00 PM	+ Elisabeth Tjioe Intentions of Angelica Rotundo Intentions of Jose Idrobo Intentions of Claudia and Javier Intentions of Luis Eduardo and Luis Eduardo Jr.	John Tjioe Angela Tellez-Lance Angela Tellez-Lance Javier Cristancho Javier Cristancho
Sunday, August 23	9:00 AM 11:00 AM	For the people of St. Mary of the Visitation Parish For the people of St. Mary of the Visitation Parish	



WELCOME TO ST. MARY OF THE VISITATION PARISH!

A special welcome to all new members and visitors! We encourage all new

members to register with the parish. Please pick up a registration form at the church entrance or complete an online form:

<https://www.stmaryhespeler.ca/new-parishioners>

FATHER DAVID ON VACATION: Father David will be away **August 11 – 12 and the week of August 25 - 28**. There will be no weekday Masses on these dates.

PARISH OFFICE SUMMER HOURS: Office hours for the months of July and August are **Monday to Thursday 9:00 am to 4:30 pm and Friday 9:00 am to 1:00 pm**.



SOLEMNITY OF THE ASSUMPTION OF THE BLESSED VIRGIN MARY:

August 15th is the Solemnity of the Assumption of the Blessed Virgin Mary. On this day the Church celebrates our Lord's victory over death as it is embodied in His Blessed Mother. The Feast of the Assumption acknowledges that Mary shares in the power of our Lord's Resurrection as she is assumed body and soul into heaven. Join us to celebrate the Mass at 5pm on Saturday, August 15th.



COFFEE AND ICE CREAM SUNDAY:

Join your fellow parishioners for social time and an ice cream treat **next weekend**, August 15/16, following ALL Masses. We hope to see you there!

PARISH OFFERINGS

July 25/26, 2026

Sunday Envelopes: \$ 3,407.40

August 1/2, 2026

Sunday Envelopes: \$ 2,557.00

Your continued financial support is greatly appreciated.

*For additional ways to donate, please visit
www.stmaryhespeler.ca/donate*



ST. VINCENT DE PAUL COLLECTION:

The collection for the weekend of July 25/26th was \$1,220.21. Please remember to make cheques payable to "St. Vincent de Paul Society" to ensure cheques can be accepted by the bank. Thank you all for your continued generosity and support of those in need in our community!

THE HEART OF PRAYER - A Journey into Deeper Prayer, A Study With Bishop Andrew Cozzens:

Do you desire a deeper prayer life? Have you ever wondered how God speaks to us in prayer? Join us for *The Heart of Prayer*, an 8-part series exploring the ancient Christian tradition of interior prayer. Together, we will discover how prayer becomes more than words, a living relationship with God who dwells within us. "According to Scripture, it is the heart that prays." (CCC 2562) Through reflection, prayer and discussion, we will learn to listen with the heart and become more aware of God's presence in our daily lives.

Dates: Tuesdays, Sept. 15 – Nov. 3, 2026

Time: 7:30–9:00 p.m. (following 7:00 p.m. Mass)

Location: Blessed Sacrament Parish,
305 Laurentian Drive, Kitchener

All are welcome! Advance registration is encouraged so that study materials can be prepared. For more information or to register, please contact: bonniegschroth@gmail.com

SUMMER BULLETIN: Please note that bulletins will be published bi-weekly during the summer months. Bulletins will be distributed (electronic and printed) on the following dates: **August 9, August 23 and September 6.**

ELECTRONIC BULLETIN: If you would like to receive the parish bulletin via email, please visit our parish website and scroll down the home page to 'subscribe to bulletin'.



INTERESTED IN BECOMING CATHOLIC?

Are you or anyone you know interested in becoming Catholic? We would like to start the process of preparation come the Fall. If you have thought about being baptized or being received into the Church, please call or email the office to make an appointment with Father David.

CERTIFICATE IN CATHOLIC LEADERSHIP:

Endorsed by Bishop Dabrowski and offered by St. Jerome's University, Waterloo, the Certificate in Catholic Leadership provides flexible study and formation opportunities for those serving in Catholic organizations and others seeking to deepen their understanding of Catholic leadership. It helps form leaders grounded in faith, committed to service, and responsive to the needs of the Church and society. For more details, please visit: <https://uwaterloo.ca/st-jeromes/academics/continuing-education/certificate-catholic-leadership>

ADULT FAITH FORMATION: The Diocese of Hamilton is proud to partner with Dayton University's Virtual Learning Community for Adult Faith Formation (VLCFF) to offer certificate programs for ministry and enrichment for adult faith formation. We are currently taking enrollment for the Youth Ministry Certification Program and the Catechist Formation Program for the Diocese of Hamilton, which begins in September 2026. Three and five week e-seminars are also available at a discounted rate for all adults in the Diocese looking to further their learning. For more details, please visit us at: www.hamiltondioceselearns.com



THE POPE'S AUGUST PRAYER

INTENTION: For evangelization in the city - *Let us pray that in large cities often marked by anonymity and*

loneliness we find new ways to proclaim the Gospel, discovering creative paths to build community.

August 2026 – Pope Leo XIV

Watch the video: <https://thepopevideo.org>



HAMILTON DIOCESE WEBSITE: Be sure to visit the Diocesan website for important updates, events, and resources: [https://hamiltondiocese.com](http://hamiltondiocese.com)

THE KIDS BULLETIN: For a fun way for Catholic kids to learn about the Faith every week, visit: [https://thekidsbulletin.com/](http://thekidsbulletin.com/)

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